emphatic, Deanne Bridgland shares her painful story to help other Australian women break free from domestic violence. Report: reports JONICA BRAY

Courageous Deanne Bridgland shares her painful story to help other Australian women break free from domestic violence. She describes how she was tormented by her partner, Nick Pasinis, for years and how she finally found the courage to leave him and seek help. Deanne was charged with perverting the course of justice for pretending Pasinis was her husband, but she was eventually acquitted. She urges anyone in a similar situation to seek help and not feel ashamed.

A helping hand

When the Smile Solutions team in Melbourne heard about Deanne’s story, they were moved to assist this very worthy cause. Dentist Dr Madeline Sinclair said the work Madeline and the Smile Solutions team have done has changed Deanne’s life forever. "It means everything to me," Deanne says. "I was so embarrassed, but now I have a smile."

Let’s get behind White Ribbon

Psychologists say it was the worst case of domestic violence they’ve seen and even considered seeking advice from torture experts. Despite this, Deanne was charged with conspiracy and attempting to prevent the course of justice for dropping her complaint against Pasinis.

White Ribbon is Australia’s male-led campaign to end men’s violence against women. On average, one woman is killed every week as a result of intimate partner violence. The campaign raises awareness and runs programs with youth, schools, workplaces, and local communities. White Ribbon offers support and guidance to survivors of domestic violence.

You can support the International Day of the Elimination of Violence Against Women (aka White Ribbon Day) on Tuesday, November 25. White Ribbon is Australia’s male-led campaign to end men’s violence against women. On average, one woman is killed every week as a result of intimate partner violence. The campaign raises awareness and runs programs with youth, schools, workplaces, and local communities. White Ribbon offers support and guidance to survivors of domestic violence.

You can support the International Day of the Elimination of Violence Against Women (aka White Ribbon Day) on Tuesday, November 25. White Ribbon is Australia’s male-led campaign to end men’s violence against women. On average, one woman is killed every week as a result of intimate partner violence. The campaign raises awareness and runs programs with youth, schools, workplaces, and local communities. White Ribbon offers support and guidance to survivors of domestic violence.

You can support the International Day of the Elimination of Violence Against Women (aka White Ribbon Day) on Tuesday, November 25. White Ribbon is Australia’s male-led campaign to end men’s violence against women. On average, one woman is killed every week as a result of intimate partner violence. The campaign raises awareness and runs programs with youth, schools, workplaces, and local communities. White Ribbon offers support and guidance to survivors of domestic violence.